

RESOURCE LIST

Unemployment Resources

1. Unemployment Insurance Relief during COVID-19 Outbreak with FAQ:
<https://www.dol.gov/coronavirus/unemployment-insurance#fact-sheets>
2. State Unemployment Sites:
 - o NJ State: <https://myunemployment.nj.gov/>
 - o PA State: <https://www.uc.pa.gov/Pages/default.aspx>
 - o NY State: <https://dol.ny.gov/unemployment/unemployment-insurance-assistance>
3. Unemployment Insurance Fact Sheet:
https://oui.doleta.gov/unemploy/docs/factsheet/UI_Program_FactSheet.pdf

COVID-19 Resources

4. COVID-19 211 Assistance Resources: <http://www.211.org/services/covid19#Resources>
5. COVID Financial Support and Assistance: <https://www.possiblefinance.com/blog/covid-financial-support/>
6. COVID-19 Scenarios & Benefits: <https://www.nj.gov/labor/assets/PDFs/COVID-19%20SCENARIOS.pdf>
7. What NJ workers need to know about the Families First Coronavirus Response Act:
<https://www.nj.gov/labor/assets/PDFs/FamiliesFirstCoronaResAct.pdf>

Mental Health and Counseling Resources

8. Employee Assistance Program website and videos (for CCM employees):
<http://www.onesourceeap.com/calm-collection.html>
9. A listing of Mental Health and Counseling Services by county: <https://www.ccm.edu/wp-content/uploads/pdf/CounselingServices/Resources.pdf>
10. World Health Organization Coping with stress https://www.who.int/docs/default-source/coronaviruse/coping-with-stress.pdf?sfvrsn=9845bc3a_2

Additional Resources

11. Morris County Resource List: <https://hs.morriscountynj.gov/services-list/>
12. New Jersey Council of County Colleges Resources for New Jersey Community College Students and Community Members Affected by the Coronavirus: <https://www.ccm.edu/wp-content/uploads/pdf/covid/Resources-for-New-Jersey-Community-College-Students-and-Community-Members-Affected-by-the-Coronavirus-2.pdf>
13. Resources to assist with negotiating with debt collectors:
<https://www.consumerfinance.gov/consumer-tools/debt-collection/>
14. Car Lease expiring: <https://www.edmunds.com/car-news/what-to-do-if-your-lease-expires-during-the-coronavirus-outbreak.html>